

## Professional Treatment

**Time:** 45-60 minutes

*\*Assumes all Back Bar sizes.*

**Cost Per Treatment:** \$3.75\*

### Suggested Products:

- |                     |                         |
|---------------------|-------------------------|
| • Erase the Day     | • Recovery              |
| • Cleanser          | • Booster / Skin Serum  |
| • Enzyme Crème Mask | • Eye Serum             |
| • Moisturizing Mist | • Barrier Renewal Cream |

***It is recommended to prepare the skin for a minimum of two weeks before the peel treatment with Cleanser, Recovery and Barrier Renewal Cream to strengthen the skin barrier and replenish nutrients to improve results.***

**STEP 1:** Help your client settle into the treatment by dispensing a few drops of essential oils onto your palms. Place your palms over your client's face and instruct them to take a deep breath in to invigorate the senses. Leave your palms in place for another minute while encouraging deep breathing to help your client relax.

**STEP 2:** Remove any eye or lip makeup with **Erase the Day**. Double cleanse with **Cleanser** to remove any additional impurities as well as balance the pH of the skin. Remove the cleanser with 4 x 4 wipes.

**STEP 3:** Prepare the skin for the chemical peel with the **Enzyme Crème Mask**. Apply a thin layer to the skin and leave on, with or without steam, for 3 to 8 minutes. Remove with a warm wet towel or sponges.

**STEP 4:** Perform any extractions, if necessary. Cleanse the skin with **Cleanser** post extractions.

**STEP 5:** Protect the eye area with moistened cotton pads. Protect the lips and side of the nostrils with petroleum jelly or another occlusive barrier.

**STEP 6:** Proceed with the chemical peel treatment following the peel directions for application, length of treatment and neutralization of the peel if required.

**STEP 7:** Mist the skin with **Moisturizing Mist**. Allow the mist to settle into the skin.

**STEP 8:** Apply **Recovery** to the face and neck, including around the eye area. Follow with **Booster** or **Skin Serum** to the face and neck.

**STEP 9:** Apply **Eye Serum**, patting gently around both eyes and over lips.

**STEP 10:** Apply **Barrier Renewal Cream** to the face and neck.

**STEP 11:** Apply mineral sunscreen if the treatment is during the day.